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# Engage Balance Board

The Engage Balance Board is an innovative product designed to be the perfect combination between anti-fatigue and movement. The Engage Balance Board is a high density PU foam over a shaped plywood and natural rubber base which allows for gentle stimulating movement whilst providing all day anti fatigue support.

- Engages the stabilising muscles of the back, core, hips and legs
- Simple low impact movement that improves joint mobility.
- Improves posture and balance while increasing standing stamina
- Increases focus, attention and overall productivity at work
- Easy to clean, non-slip surface

Standard Sizes: 505 x 350mm Thickness: 55mm Stock Colour: Black

- The Engage Balance Board is fully guaranteed for 1 year against failure due to manufacturing defects.

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